

Every Child is Creative

By the age of five, children lose part of their creativity. According to researchers, there are a number of ways to stimulate creativity in your child.

- ▶ **Bring music into your home** - Children love to skip, jump, sway, creep and walk in funny ways. Let them move to all different types of music.
- ▶ **Encourage your child to sing and tell stories** - Rhyming, singing songs, and telling stories are activities children like to do. Encouraging these behaviors will only enhance their creativity.
- ▶ **Provide opportunities to use all the senses** - Let children explore the world through sights, sounds, smells, and tastes.
- ▶ **Give your child the freedom to be creative** - Setting patterns doesn't allow your child to express their creativity. Let them draw or color outside of the lines. Provide plenty of props for "make believe."
- ▶ **Recognize creativity** - Emphasize pictures, sounds, words, or body movements that your child does and express to them that those activities are their very own.